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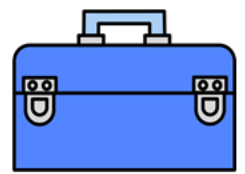
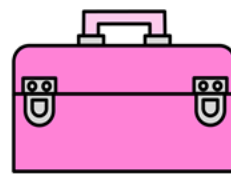
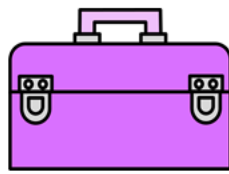
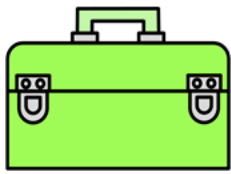
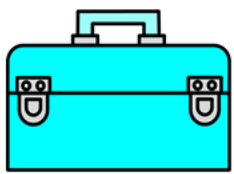


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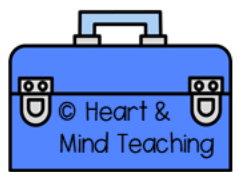
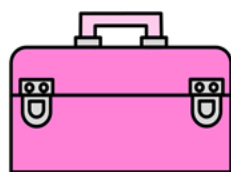
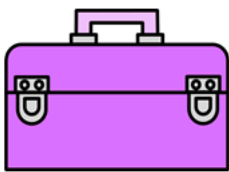
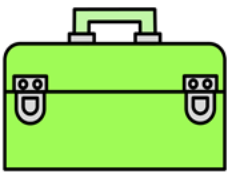
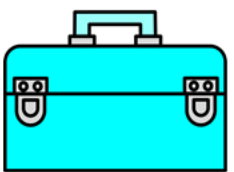


If you have any questions or concerns please email me at:
heartandmindteaching@gmail.com

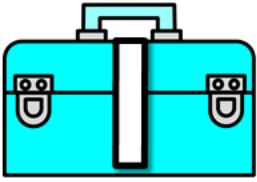
♥
Ashley



BEHAVIOR TOOLBOX Pouting



BEHAVIOR TOOLBOX



Pouting

What it looks like

*Student is often sulking, brooding, and grumbling about something not going their way. He/she may stomp their feet in frustration, fold her arms in, and glare at you.

*The pouter reacts to any type of perceived failure with hurt and sadness.

*This student is very difficult to console and will hold onto their hurt.

*He/she will not participate if they cannot get their way.

*Student will try to make others feel guilty for not agreeing with them or not taking their side.

*When you try to talk it out with this student, they refuse.

*This student tries to get their way, and if they do not, will pout about it.

*He/she is very immature and classmates view this student like a big baby. Other students try to get this student to pout.

*Classmates and teacher are annoyed with this student more and more after each pouting occurrence.

Pouting

BEHAVIOR TOOLBOX



Pouting

What to do

*The pouter does not take failure well and sees it as an attack on them personally. He/she may have experienced failure a lot and tries to use pouting to control people. Pouting is the student's way of communicating his/her displeasure with your decision. It is a form of protest.

*Speak to the student in private and be very clear that their pouting is not acceptable behavior. State that you know the student can do better and their behavior is disappointing. Point out that when they pout they always lose. They will not get what they want, and others will view them badly.

*The only way the behavior can stop is by going through a few pouting scenes and the student NOT getting their way. The pouter will either continue pouting until you give them more than they wanted to begin with, and will verbally tell you they will not stop no matter what you do. After a few pouting incidents, the student will realize that the pouting is pointless because it is not getting them what they want.

*When you see improvement, be sure to give immediate positive feedback. Overly praise them and reward them with some additional time with you or with something they like. Make a big deal about it, so that they can see there are other ways to get attention and what they want.

*Pair this student up with a peer that could become a friend to the pouter, they need a strong positive friend as a role model. This peer buddy should also be very patient and accepting of others.

*This student needs to feel achievement in the classroom, set them up to feel success. Speak to the parents about doing the same at home.

*If the student is pouting over an activity or group they are working with, gently guide them to a different activity to distract from the frustration.

*Role play with the student different situations of frustration that you have observed this student pout over. Talk about how they could have reacted differently and suggest other alternative ways of coping.

Pouting

BEHAVIOR TOOLBOX



Pouting

What NOT to do

*Do not make the behavior about them personally when you are redirecting the pouting. For example, when they are calling out in class, instead of saying "You are being disrespectful calling out" say "Please raise your hand to be called on."

*Do not confront the student or demand compliance, instead try to elicit their cooperation with a choice. Give the student two options to pick from, they will feel more in control even though you are guiding them to comply.

*Do not ignore the behavior unless you notice the reason is to get your attention. Tell the student that you do not respond to that behavior, have them calm down in a cool down area and when they are calm they can come speak to you.

*Do not console this student.

*Do not treat this student differently.

*Do not allow others to mock this student.

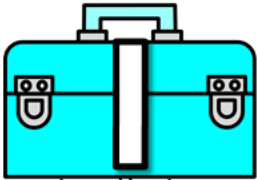
*Do not assume the reason for the behavior is because they are spoiled. It stems from a lack of self-esteem and fear of rejection.

Pouting

BEHAVIOR TOOLBOX

Pouting

Quick Guide



What it looks like

- *Student is often sulking, brooding, and grumbling about something not going their way. He/she may stomp their feet in frustration, fold her arms in, glare at you.
- *The pouter reacts to any type of perceived failure with hurt and sadness.
- *This student is very difficult to console and will hold onto their hurt.
- *He/she will not participate if they can't get their way.
- *When you try to talk it out with this student, they refuse.



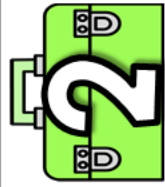
What to do

- *Speak to the student in private and be very clear that their pouting is not acceptable behavior. State that you know the student can do better and their behavior is disappointing. Point out that when they pout they always lose. They will not get what they want, and others will view them badly.
- *The only way the behavior can stop is by going through a few pouting scenes and the student NOT getting their way. After a few pouting incidents, the student will realize that the pouting is pointless because it is not getting them what they want.
- *When you see improvement, be sure to give immediate positive feedback.
- *Pair this student up with a peer that could become a friend to the pouter, they need a strong positive friend as a role model.
- *This student needs to feel achievement in the classroom, set them up to feel success. Speak to the parents about doing the same at home.
- *If the student is pouting over an activity or group they are working with, gently guide them to a different activity to distract from the frustration.
- *Role play with the student different situations of frustration that you have observed this student pout over. Talk about how they could have reacted differently and suggest other alternative ways of coping.



What NOT to do

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Pouting

What to do (Cont.)

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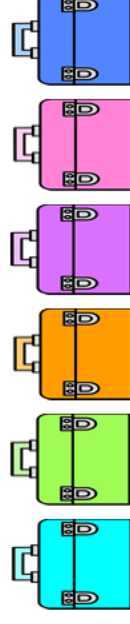
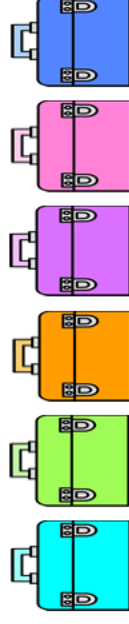
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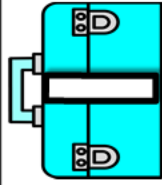
*Role play with the student different situations of frustration that you have observed this student pout over. Talk about how they could have reacted differently and suggest other alternative ways of coping.

"A change in
behavior
begins with a
change in
the heart."

BEHAVIOR TOOLBOX

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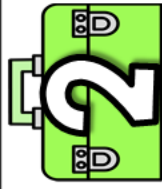
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Pouting

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(Continues on the flap)



Pouting

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Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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Ashley

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